



Essendon Keilor College

# Term 3 Newsletter

**RESPECT ENGAGE ASPIRE LEARN**

## College Principal – David Adamson

**Our Vision: To develop accomplished citizens who contribute, live meaningfully and succeed**

Welcome to our third College Newsletter of 2023.

One of the highlights of this term was our production of High School Musical. The students and staff were amazing putting on three matinees and three evening shows. I went to opening and closing nights and the audiences loved every minute. It was great to be able to invite students from our local primary schools to the matinees who were very, very excited.

Over the past three years staff at the College have worked very hard to implement programs that will improve our students learning in the key areas of Reading and Numeracy. It is pleasing to see that this years' NAPLAN results show that this work has paid off with our Year 9 students exceeding the State benchmarks in both.

We know what needs to be done to be successful and we will continue to develop these programs further so that our students will continue to grow and achieve great results.

We have also been working with our Year 9 students to begin their transition to the Senior Campus. Term 4 will be a busy time for them as finish their time at Niddrie and East Keilor and begin the move to Essendon.



### College Phone Numbers

East Keilor	8331 0109
Niddrie	9375 8400
Essendon	9319 1300

### Absence Lines

East Keilor	8331 0108
Niddrie	9375 8405
Essendon	9319 1305

Click [here](#) for College website

### Dates for your diary

- 2<sup>nd</sup> October** – Term 4 begins
- 12<sup>th</sup> October** – Junior End of Year Concert
- 19<sup>th</sup> October** – Year 12 Valedictory
- 24<sup>th</sup> October** – VCAA exams commence
- 3<sup>rd</sup> November** – Staff PD Day – no classes
- 7<sup>th</sup> November** – Melbourne Cup Public Holiday
- 14<sup>th</sup> November - 17<sup>th</sup> November** – College Art Show
- 20<sup>th</sup> November** – Year 12 Step Up
- 27<sup>th</sup> November** – Year 11 Step Up
- 5<sup>th</sup> December** – Year 8-10 Step Up
- 12<sup>th</sup> December** – Presentation Evening
- 20<sup>th</sup> December** – Last day of Term

Member for Niddrie, Ben Carroll, visited the East Keilor campus on Friday 8th September. He gave us the good news that \$2 million has been allocated to begin planning and design work to upgrade and modernise the school, including the East Keilor Campus, with a focus on poor condition education facilities. The money is for planning for a projected enrolment of 300 at the campus. The current building is twice the size of what is needed so planning will most likely mean a demolition and rebuild. This is a great outcome and guarantees the future of the campus and the viability of the College well into the future.

The Principal Team has been different again this term with Adam Potter continuing to work across both junior campuses until Lisa Nugent returned. Adam was ably supported by Jo Drago and Melissa Travers as acting Assistant Principals.

As I will be retiring at the end of the year the process to find my replacement has begun. We should know the outcome early next term.

Thanks to everybody for all their efforts this term. I really appreciate the extra work staff have put in to keep providing a strong educational program and I thank parents and carers for their support. The holidays will give us a chance to reflect and recharge ready for Term 4.

## **ESSENDON KEILOR COLLEGE**



## Essendon Campus Update

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The end of Term 3 at the Essendon Campus signifies the end of formal assessments for our year 12 students before they embark on their exam revision, September Practice Exams and study, study, study! We are very proud of their efforts so far, but now that we're at the 'pointy end' of the year we will provide all the support they need to finish the job well.

The term began with the Production Intensive which was 3 days at the Senior Campus where cast, crew and band poured all their energy into getting their performances right. There's more about the production later in the newsletter, but to say we were proud of everyone involved in the Performing Arts during the production is an understatement. This was backed up at our Senior Soiree performance which showcased a broad range of talent, proving we are well and truly on our way to being back on the map for Performing Arts Excellence in the region.

Students from the Senior Campus had the opportunity to attend the 3-day Ski Camp in August. By all accounts the students had a fantastic time, some seeing snow for the first time, others spending a significant amount of time horizontal!

Our student leaders and selfless volunteers ended Term 2 with a Pop-Up Canteen raising over \$250 for State Schools Relief. When you consider the toasties they were selling were a mere \$2, that is quite an achievement. They were at it again, raising funds for Cancer Research on Daffodil Day and the Campus Leaders were fortunate enough to have a session with MP Ben Carroll who talked to them about all things 'Leadership' leaving them all with a renewed passion for leading with purpose and values.



**Sally Stevens**

Acting Campus Principal

The students from Years 9, 10 and 11 have now selected their pathways for 2024. We were impressed with students and families who put a great amount of time into carefully considering their options, particularly the 240 people who attended the Senior School Information Evening at the beginning of the term.

We wish all the Essendon students and families a lovely break and hope the sun shines for you through September!

## **Study Tips from La Trobe University**

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### **Make a Study Plan**

You'll be more likely to stick to your timetable if you take into account the following points:

1. Allow for the limitations of your attention span. Avoid scheduling large slabs of time for one subject. Alternating subjects for your study will help you to sustain your concentration and interest.
2. Don't cram - several reviews are more effective. More material will be retained in memory if you schedule several review times over an extended period rather than one long session.
3. Work in terms of tasks not time. Rather than having a vague aim to 'study biology for two hours', set a particular section of work for each study period. A sense of achievement comes from successfully completing small tasks, and breaking the work up into smaller sections makes the whole process of revision seem less daunting.
4. Review your approach. If your study plan is not helping you to revise effectively, review your strategies and consider making changes. For example, you may have attempted to fit too much into your timetable, or your timetable may not be flexible enough to accommodate unexpected events. Resist the temptation to throw away your plan and allow yourself to fall in a heap. Some minor adjustments may be all you need to stay on track.



**LA TROBE**  
UNIVERSITY



5. Make sure you include some recreation time. If you *allocate* time for such activity you will be less tempted to chuck it all in and waste time avoiding work because of the unrealistic demands you have made upon yourself.

### Know what you're preparing for

Your method of revision should consider the nature of the examination. Find out from your lecturers what the structure of the exam will be and what subject areas will probably be on the exam. Course outlines and handouts can provide important information about exam times, locations, formats and requirements. Exam review sessions are invaluable and not to be missed! They will give you an idea of what will be on the exam and will give you a chance to ask questions. Former students may also be able to give you helpful information about what to expect.

Use past exam papers to direct your study and take notes

This will give you an idea of the sorts of questions and overall structure of the exam; however, do not assume that the same format will be used this year. Lecturers change their exams over the years, so double check with your tutor to make sure of any changes. At this stage, use your lecture notes and other sources to give full answers to past exam questions. A good strategy is to practice writing responses to past exam questions throughout the semester. When you finish a topic, check to see if there is a related past exam question. It will be easier to prepare a response while the topic is still fresh in your mind. You can use these notes later to revise for the exam.

Practise past exam papers under exam conditions

Do this closer to the exam time. Without looking at your prepared answers or other notes, test your recall of knowledge and your ability to write under time constraints.

Predict possible questions

Look over your lecture notes and make a list of probable questions. Think about the sorts of questions the lecturers asked in the subject and take note of any areas that were highlighted as important. Prepare answers for some or all of the questions you predict.

## Revision Tips

Effective revision enables you to get material from your short term memory into your long term memory. Long term memory is like a library – information that is placed in it in a systematic way is more likely to be retrievable. Below are some tips to help you revise. Try to comprehend the overall structure of the lectures. What were the main concepts? How did the lecturer set out her argument? Pay particular attention to establishing how all the individual pieces of information fit together to produce a coherent whole.

### 1. *Organising your notes*

- It is easier to remember individual details when they are grouped into mini-sections.
- Make a list of the areas you need to know in each subject and write down headings and subheadings.
- Add material you have learned from your reading to your notes according to the subject area.
- Underline, highlight or write comments in order to emphasise the idea of each section.

### 2. *Revise actively*

- Don't fall into the trap of spending 99% of your study time mindlessly writing out notes and 1% of your time actually looking at them.
- The more 'active' you are in writing notes, the better you will be able to remember them. This may involve reconstructing your notes in a different format, such as:
  - Written summaries for each topic - Numbering each point can help with recall in the exam.
  - Diagrams. During the exam, it is easier to recall information which has been represented diagrammatically. Colours are particularly helpful to stimulate the memory.
  - Check out this great independent mind mapping resource.
  - Audio. Try recording your summaries or prepared answers to practise questions onto a

portable recording device. Comprehension improves if you listen and read at the same time. The other advantage for those who like multitasking is that you can listen while doing something else like walking, ironing or sitting on a bus!

### 3. *Recall vs. recognition*

- Many students, after having read over material several times, assume that because it looks very familiar they have learned it. Simply being able to recognise material does not automatically mean that you will be able to recall it later in the exam.

The following suggestions may be useful:

- When learning definitions, divide a piece of paper in two vertically and write the words on one side and the definitions on the other. Cover the words and practise recalling them, using the definitions. Then cover the definitions and practise recalling them, looking at the words.
- Use cards with the subject on the front and the information to be recalled on the back. Look at the subject, practise recalling the information, then look on the back of the card to check.
- If you need to memorise diagrams, make large ones and stick them up on your walls.
- Use rhymes and mnemonics to assist recall. For example, to remember electron loss and gain in oxidation and reduction, the following may be easy to remember: OIL RIG - Oxidation Is Loss; Reduction Is Gain (of electrons)
- Revise with a friend or a study group to share knowledge and exam strategies and to practise recall.

### 4. *Reduce anxiety and stay motivated*

Keep calm and keep going.....

Although a small amount of stress before exams may aid your performance, too much anxiety will negatively

affect your exam performance. There are several strategies you can try to reduce your anxiety before and during exams:

- ★ **Start early and stay on track** with your exam preparation to reduce your stress levels. If you have trouble getting organised and making a study plan and would like someone to help you, see Ms Rose, Mr Carroll, Mr Kingham or Ms Hamilton.
- ★ **Look after your health.** Get plenty of sleep, eat healthy food and try to find time to exercise. Many people find that yoga and breathing exercises can help keep them in tune both physically and mentally.
- ★ **Keep things in perspective.** Although it may seem at the time that the next exam will be the most important event in your entire life, this is probably not really the case and thinking like this only puts more pressure on yourself.
- ★ **Take a break.** Notice when you are tired or losing concentration. If you feel like this late at night, you could make more effective use of your time by going to bed and getting up earlier the next morning to study when your mind is feeling fresher. A good way to refresh a tired mind is to go on a brisk 15 minute walk. A 15 minute TV break is mind numbing rather than refreshing and can easily turn into a one hour break.
- ★ **Set rewards for yourself.** Rewards for good progress can assist with motivation. Try setting yourself a goal and rewarding yourself when you achieve it. A reward can be as simple as a cup of tea or your favourite TV programme.



# Essendon Campus Update

## SWPBS

The SWPBS focus for Term 3 at the Senior Campus has been 'Strive for Academic Excellence' and 'Make Positive Contributions.' Both of these have been very prevalent among learning environments within the school. We have celebrated many students achieving great growth and consistency with their GPA results and also the many positive acknowledgements that recognise the respect, engagement, aspiration, and learning being demonstrated by students daily. Following the release of GPA reports, selected students were invited to 'lunch' with the Principal as a reward for their consistent high level of achievement or for showing great growth in their results.

## 'SEEDS OF HOPE' ART PROGRAM

Throughout Term 2 and 3, a select group of Year 10 female students participated in a school-based art program. Facilitator Cilla adopts an 'open studio' approach that promotes student agency and wellbeing and allows students to express themselves freely with art projects. Students were supported to reflect on themselves and personal challenges, regulate their emotions, problem solve and build connections with each other.



**Luke Carroll**

Essendon Campus Coordinator



## Term 2 SWPBS Winners

	Year 10	Year 11	Year 12
<b>Week 1</b>	Mathew Abed Cody Kotoski	Tenisha Tahitahi Oliver Galloway	Mahdi Haibeh Lucinda Phair
<b>Week 2</b>	Darya Karimi Pakdaman	Mason Celantano Konatsu Bonar	Gianluca Raudino Asraa Mohamed
<b>Week 3</b>	Kynan Brown Jordena Harris	Jack Cole Annika Kim	Mikail Gunduz Youhanna Tadros
<b>Week 4</b>	Tom Sutherland Phoenix Mora- McDonald	Harmony Hallet- Murch Holly Belot	Mary Bonet Matthew Robottom
<b>Week 4 Principal's lunch</b>	Christian Robottom Kira Nguyen	Xavier Bassett Chanel Mai	Asraa Mohamed Shogun Sakdavichit
<b>Week 5</b>	Rianna Interlandi Chloe Gordon	Declan Gidman Zech Ngametua	Monia Sidahmed Kade Munro
<b>Week 6</b>	Jaxon Bowman Layla Gray	Ahmed Mohamed Brady Coleman	Raef Mohamed Kyra Aurisch
<b>Week 7</b>	Tyson Jones Karl Bebbington	Daniel Wilczynski Tegan Anderson	Mua Tavo Erica Zanti
<b>Week 7 Principal's lunch</b>	Noah Debrincat Tomas Baras Guzman Ali Najjar	Tenisha Tahitahi Holly Belot Oliver Galloway	
<b>Week 8</b>	Antoine Maitland Karl Bebbington	Brady Coleman Leotina Faalili	Amelia Wright Ellie Fuller
<b>Week 9</b>	Olivia Pietrosanti Yazmin Sultan	Muzzamil Ali Kyle Willis	James Fotiadis Dylan Bremner
<b>Week 10</b>	Noah DeBrincat Max Ivankovic	Suuban Haibeh Alex Rocca	Keenan Fletcher Dakoda Della Salandra

## MENTORING

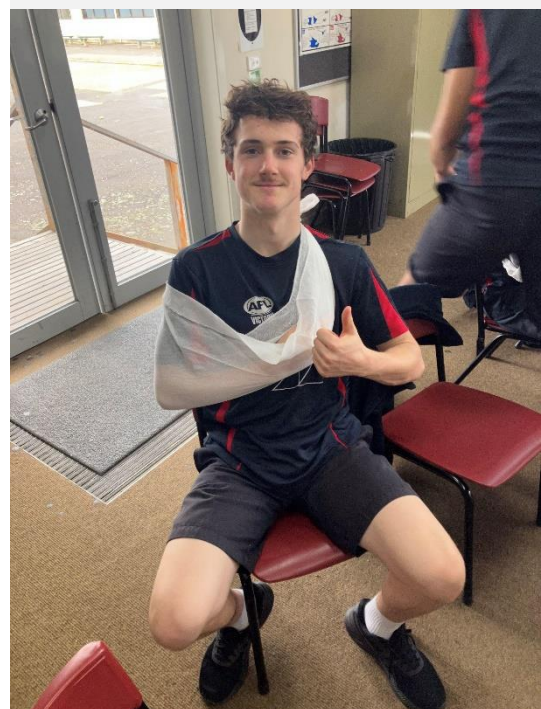
Term 3 has seen a lot of different things happening during Mentor sessions. Year 12 students have been busy creating VTAC accounts, course shortlists along with preparing to navigate through VCE exams. Students in Year 11 have dedicated some time towards checking prerequisites and choosing subjects, understanding how to best use study designs, developing a growth mindset, and maintaining respectful relationships. Our Year 10 students spent a lot of time during mentor preparing for subject selections and course counselling appointments.

## YEAR 11 PAT CRONIN PRESENTATION

Year 11 students were fortunate enough to participate in the 'Think Carefully' workshop, run by the Pat Cronin Foundation. It explored conflict, human behaviours, triggers, actions, choices, and strategies to avoid violence. A strong focus of the session was for students to understand the impacts of their actions and how to prevent confrontational scenarios from escalating into violent situations. This session was a follow-up to the 'Be Wise' session all students had previously participated in, which centred around the story of Pat Cronin and how his family have pushed to educate people on making positive choices.

## VET FIRST AID

Year 11 VET Sport and Recreation students completed their Level II First Aid and CPR training as part of their course requirements. They got the opportunity to be hands-on with a variety of learning activities, ranging from injury assessment, performing CPR and using an AED, building evacuations, bandaging and assessing different scenarios for dangers.



## Careers / Pathways Update Term 3

There was plenty happening in Term 3 with course counselling / subject selection, year 9 Morrisby interviews, Year 12s undertaking their VTAC applications / course selections and SEAS, and some various careers excursions and activities.

### **Kylie Martin – HEADSTART Coordinator (Apprenticeships and Traineeships)**

This term, we are very lucky to have gained the services of the Regional HEADSTART Apprenticeships Coordinator Kylie Martin who now works with us every Tuesday in the Careers Office. In her previous role with Sarina Russo, Kylie had already been supporting our apprenticeship students for a number of years. Not only is Kylie supporting our Year 11s who want to move into School-Based Apprenticeships in Year 12, she is also supporting any of our current Year 12s who decide to transition into a full time apprenticeship / traineeship for 2024 and beyond.



Headstart is an Education Department program operating in all Government Secondary Schools across Victoria, whose objective is to help Secondary School students start an Apprenticeship whilst they are completing their Secondary Schooling. With the School's assistance, Headstart assess a student's suitability and readiness to begin an Apprenticeship and then look for a quality local business to give the student a work trial, which if successful leads to a School Based Apprenticeship.

Do you have a business or work for a business that are looking for apprentices? As local networking is key for small businesses today. We have students from schools in the Essendon, Keilor, Strathmore, and surrounding suburbs that are looking to start their careers while finishing their secondary school studies.



### **Daniel Kingham**

Student Pathways Coordinator



You get a part time apprentice to teach and inspire in your trade. If this interests you, please email or call Head Start Coordinator Kylie Martin for more information.

[Kylie.Martin4@education.vic.gov.au](mailto:Kylie.Martin4@education.vic.gov.au) or 0493 712 973

## Year 9

Starting from Year 9 our students completed their Morrisby Careers Interviews to start the Term, which hopefully gave them some more confidence when choosing their Year 10 subjects. We had nearly 100% completion and it was great to see the fantastic level of student and parent engagement in this program.

The Maribyrnong / Moonee Valley LLEN Relunched their "Try a Trade" Event at the Moonee Valley Racecourse and we had a large number of Year 9s go along to this event to try out heaps of different vocational options.



## Year 10

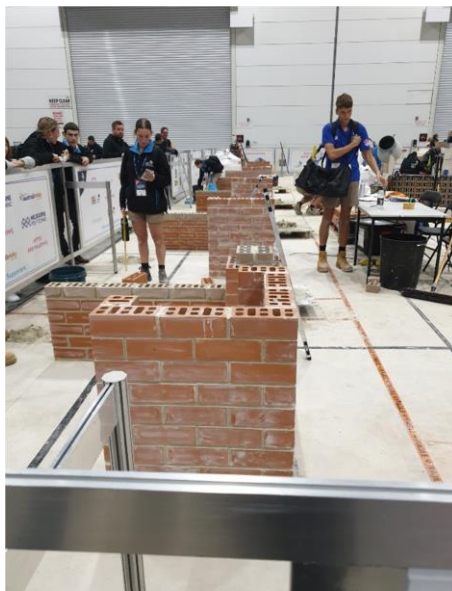
Prior to making their subject selections, our Year 10 students attended an experience day at VU to get bit of an idea as to what University life could be like. They undertook workshops relating to robotics, horticulture an exercise science. Our prospective VCEVM students attended an experience day at Kangan Institute to try out various vocations including various trades, cookery, animal studies and childcare.





## Year 11

Our Year 11 VCEVM students were involved in some interesting careers themed activities during the Term which included the Try a Trade Day, the LLEN Mock Interview Program and also the World Skills Trade Event (which was arranged by Ms Fitzpatrick and Ms Marantos)

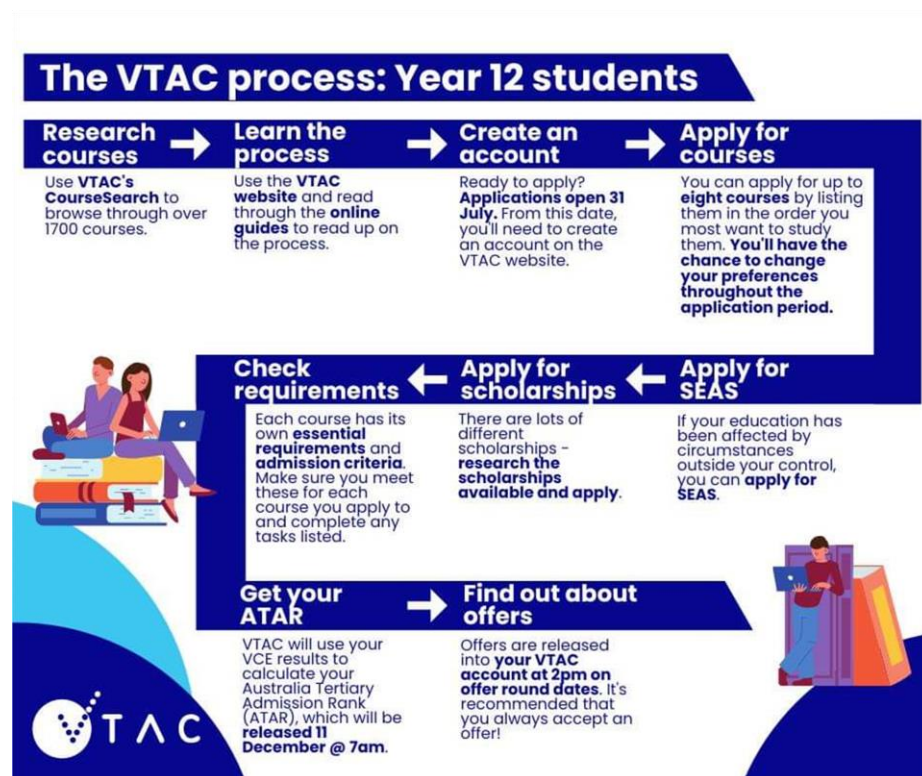




## Year 12

Term 3 is always a busy one for Year 12 students and this year was no different. Students have been supported throughout the term to consider their plans for 2024 and beyond. Students applying for tertiary study have been carefully ordering their VTAC preferences with support from Mr Kingham and have been applying for SEAS (Special Entry Access Scheme) with the help of Ms Bianchin. A number of students have been completing tertiary scholarship applications. In terms of tertiary institutions, Latrobe and RMIT Universities appear to be the most popular selections by our students so far this year. Below is the "VTAC Planner" which includes overview of the steps in the VTAC application process. For a more comprehensive list of VTAC dates, students and parents should refer to this link: <https://www.vtac.edu.au/dates.html>

**\*Students should remember that they can change their VTAC preferences as much as they like up till the closing date on DECEMBER 13th**



**You should always list your preferences in the order you would like to study them from most to least.**



**Never list your preferences in the order you think you will get into them.**

- ✓ All students applying via VTAC need to make sure they carefully check their Course Selection Requirements, as there may be additional requirements that must be completed by a certain date (e.g. a test, a folio, an audition, an interview etc). Failure to meet the deadline for these means students may no longer be eligible for selection into their desired course.
- ✓ Students should regularly check their VTAC email account to avoid missing important info.
- ✓ Student need to ensure they have paid their VTAC Application fee of \$55 prior to September 28th in order to avoid a late fee.
- ✓ SEAS and VTAC Scholarships must be finalised by October 6th.
- ✓ Students applying for Teaching / Education courses are required register for, and complete the CASPer test.
- ✓ The VTAC Media YouTube channel has a number of helpful videos to help explain the application process:

<https://www.youtube.com/user/vtacmedia/videos>

## **FREE TAFE Courses**

Students who are not interested in incurring a HECS debt from University have been considering government-funded FREE TAFE Courses. The Government are still offering their FREE TAFE program for priority courses in lots of different areas of skill shortage. There are a large number of non-apprenticeship and apprenticeship courses in a variety of areas. More info can be found here: <https://www.vic.gov.au/free-tafe>





# Intermediate & Senior Sport

## Intermediate Basketball

A big day of basketball with three teams to compete, year 10s and 9s boys teams and a 9/10 girls team. Everyone played so well and showed great sport and teams-manship, with the year 9 boys giving an outstanding performance making it all the way to the final, only to be beaten by a stronger Strathmore team. Big thanks to Mr Damoulakis, Ms Sheridan and the VET Sport and Recreation boys for coaching our teams on the day.



**Rachelle Odewahn**

Sports Coordinator





## District Athletics

What an amazing day EKC had at the District Athletics. We went with just over 50 students and came away with 29 first place getters, and multiple second and third places also. Our students showed great sportsmanship and respect for their competitors. A huge thankyou to the VET Sport & Recreation students who volunteered with Ms Gouvas and Mr Szewczuk on the day also.

Congratulations and good luck to the first-place getters who will represent EKC at the Western Metropolitan Event early next term.

### ESSENDON WINNERS

Tenisha Tahitahi – U17 Shot Put, Triple Jump,

Lexi Kerry – U16 200m, 400m,

Oliver Galloway – U17 200m

Jake Bruni – U17 400m

Antoine Maitland - U15 Discus

Madi Knowles – U16 Javelin

Mitchell Parton – U16 High Jump

Jye Kotoski – U20 Triple Jump, Long Jump

Leotina Faalili – U16 Discus, Shot Put,

Zechariah Ngametua – U17 Triple Jump, Long Jump

Amelia Wright – U20 Shot Put

Metuisela Tavo – U20 Shot Put, Discus, High Jump

### NIDDRIE WINNERS

Scarlett Callegari – U14 Long Jump, 100m, 800m, 400m

Emmelene Phair – U15 Shot Put, Discus,

Angus Rodier – U14 High Jump

Michael Corso – U13 800m

Devon Logan – U14 Shot Put

Charlotte Wright – U13 Javelin









# AFL Exhibition Day

## Ben Clifton – Football Program Coordinator

During the last week of term, three AFL teams from Essendon Keilor College ventured out to RAMS Arena in Craigieburn for a day of AFL exhibition matches against Mount Ridley College. The day was a joint initiative to bring together the football programs from both schools and give students the opportunity for a friendly hit out at a top-class facility.

### Year 9/10/11 boy's game

Essendon Keilor College: 17.11.113

Mount Ridley College: 9.7.61

EKC were a bit slow out of the blocks, taking some time to adjust kicking into a swirling breeze and defending a strong start by Mount Ridley. The boys responded to a rev-up at the first break and began to bring each other into the game which resulted in hitting the scoreboard. In the second half they managed to get on top of the contest, and it ended up being a great overall team performance.

### Match Highlights

Jake Bruni - 6 goals

Austyn Bawden - 3 goals

Mohammad Abdullah - 2 goals

Best players: Mohammad Abdullah, Jake Bruni, Kobi Glenister, Charlie Mudge, Gabriel Tangata, Mitch Parton

All games were competitive but played in great spirit and all students involved can be proud of the way they conducted themselves throughout the day. They all demonstrated fantastic sportsmanship, teamwork, and respect during what was a great day out. We look forward to future contests against Mount Ridley and thank them for hosting the day.





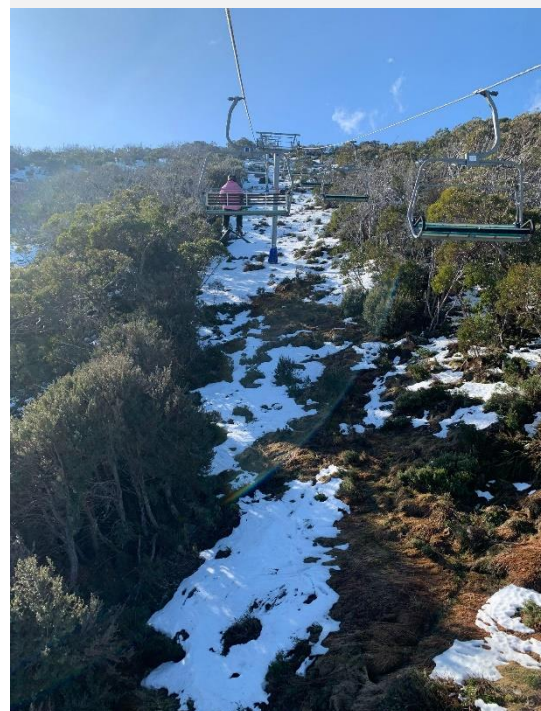
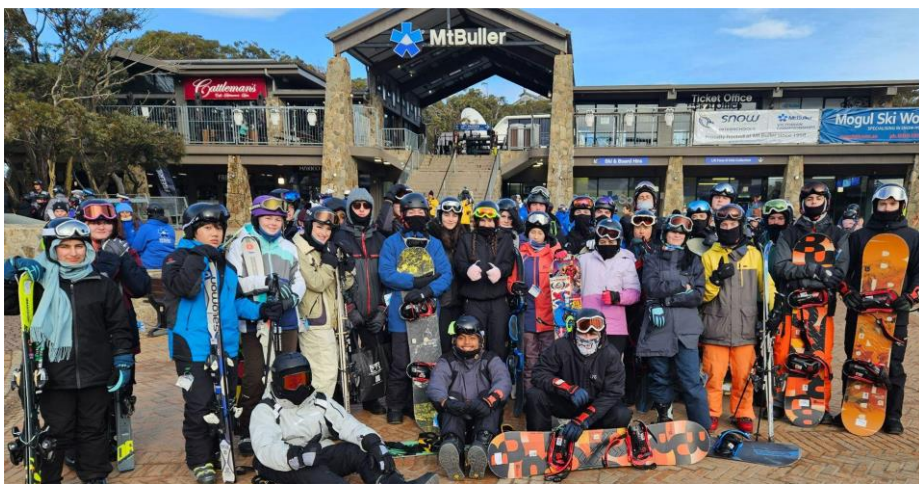
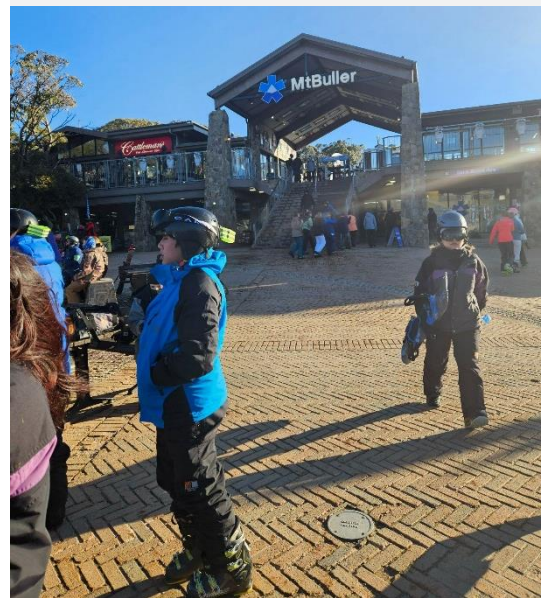
# Ski Camp

Thirty-two Year 10, 11 and 12 students had a 4:30am Bus Trip to begin the ultimate 3 day snow camp at Mt. Buller!

Students formed new friendships, had the opportunity to learn new skills and enjoy a couple of days in a winter wonderland! Students who were skiing or snowboarding for the first time got the hang of it pretty quickly and were enjoying the slopes with the experienced students. The bus made it up the mountain for two days in a row, but unfortunately didn't make it down that evening, but Mua, Year 12 got all students together to begin playing a game before a new bus arrived!

Students had some early morning wake ups, some sore bodies and a foggy morning closing the ski lift, but all in all, students made memories to last a lifetime.

Such a great experience for all involved and massive thank you to the teachers for attending!













# Year 12 Chemistry Excursion - Let's Talk about Medicinal Chemistry at VSECC

Thirteen Year 12 VCE Chemistry Students went to Victorian Space Science Education Centre at Strathmore Secondary School to undertake a major laboratory program at school. Students used high tech equipment such as an Infrared Spectrometer, a UV-Visible Spectrometer and a High-Performance Liquid Chromatograph to analyse samples of aspirin that were found in our science labs at the Essendon Campus that we didn't know how old they were or when they were produced. Students discovered the aspirin like all other medicines should be used before its use by date otherwise it changes its properties.





# Year 11 VCE Biology Adaptations for Survival Excursion at Melbourne Zoo

Students underwent an excursion at Melbourne Zoo to further their Unit 2 VCE Biology knowledge. Students learned about structural, behavioural, and physiological adaptations that enhance a species survival and the interdependence of species on other species. Students enjoyed the program in the morning collecting data on the butterfly's feeding habits and discussing bioethics in terms of the Southern Corroboree Frog and their endangered status. Students then were able to enjoy the sights of the animals at the zoo.





## College Production – High School Musical on Stage

This term saw performance week for *High School Musical* roll around very quickly! Rehearsals for all elements of the show had been going since the beginning of the year, and it was time for everyone to show them off - and they did. We had many teachers come and watch, and the consensus was that it was a fantastic way to spend an evening. It is a true privilege to see students excel in all elements of theatre- on stage, as crew, and as part of the band. Well done!



**Lauren Steel**

Music Coordinator

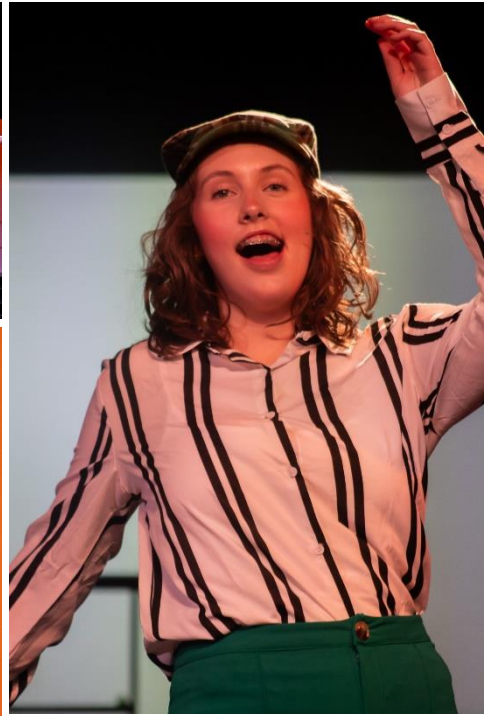




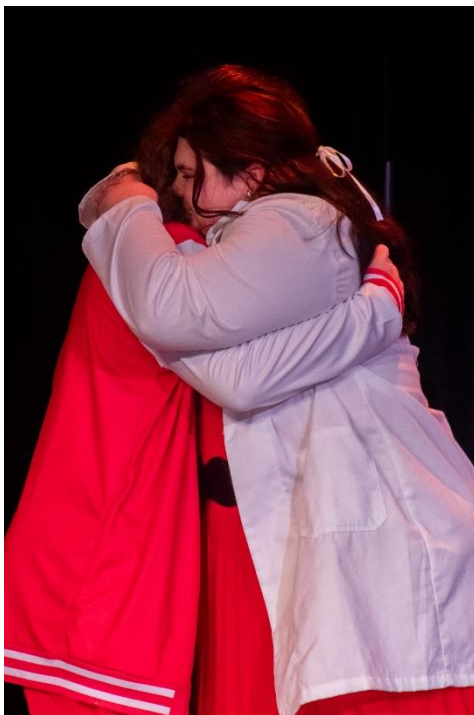
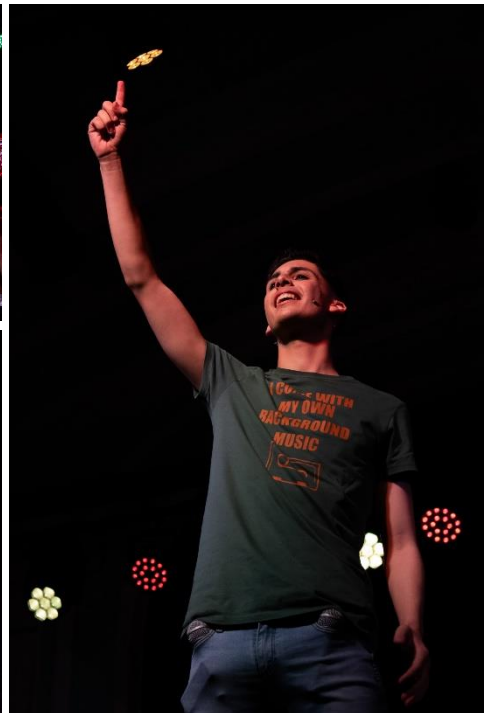
# College Production – High School Musical on Stage Photos

















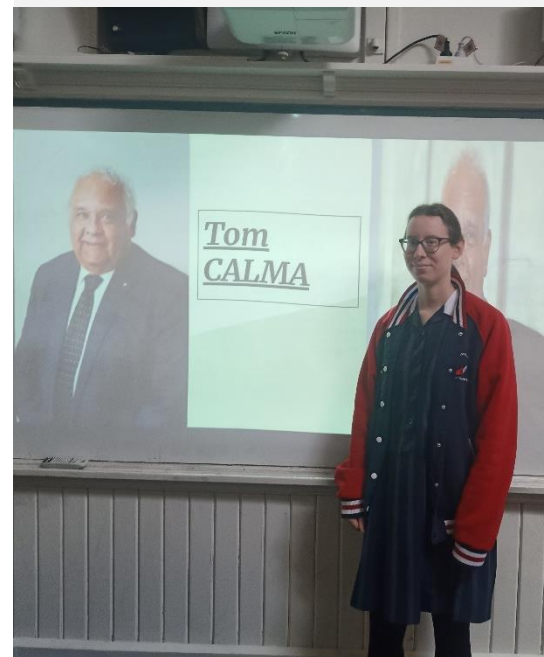
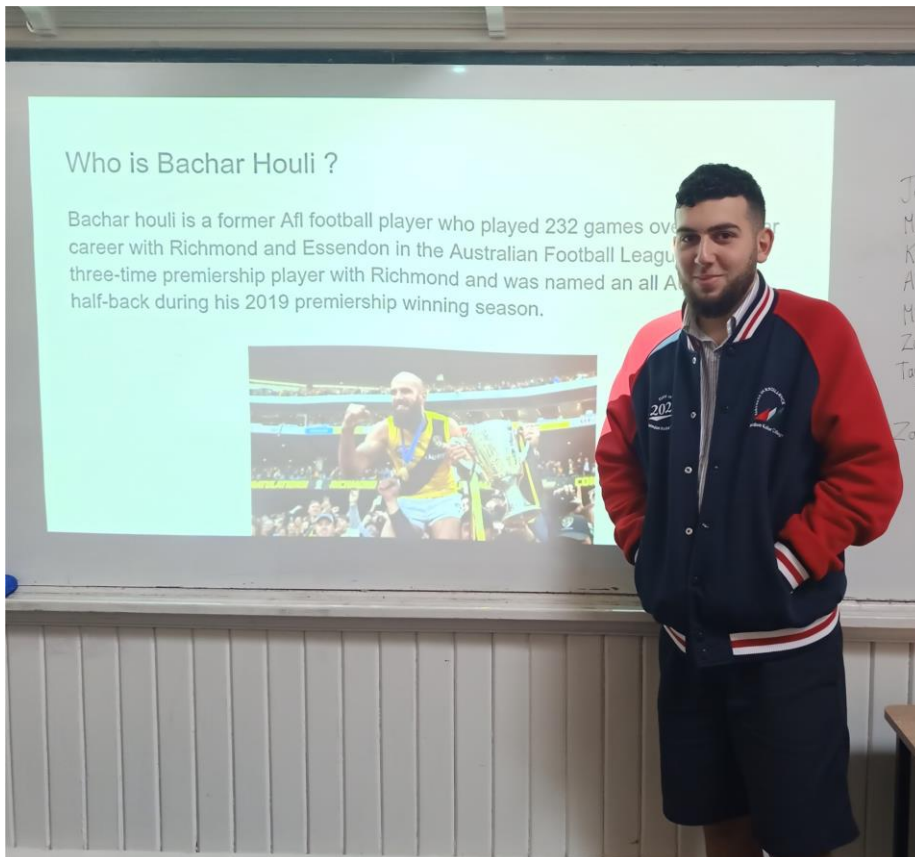
## Year 12 VCEVM

The Unit 4 Focus in VM Senior Literacy is Advocacy. Students explored what advocacy is and how well-known advocates have made a positive difference in society. One assessment task was to deliver an oral presentation about a particular person's path to advocacy. The presentations were moving and inspiring.



**Suzanne Rose**

Year 12 Coordinator



## John Howard Luncheon

In Week 8, Isabella Tantotero and Andreas Vassilouopoulos were guests of North Essendon Rotary at a leadership luncheon. The guest speaker was former Prime Minister John Howard. Isabella and Andreas were fabulous ambassadors of EKC and found the experience to be thought-provoking.



**Isabella Tantotero**

College Vice Captain



**Andreas Vassilouopoulos**

College Captain



Rotary Club of  
**Essendon North**



## **Ben Carroll Leadership Meeting**

We recently had the honour of hosting a distinguished guest, Ben Carroll, during a half-hour meeting with our school's leadership team. This amazing opportunity allowed us to engage with his wealth of experience and gain valuable insights into effective leadership.

The meeting left a lasting impact on our leadership team, with several key takeaways that we believe will greatly benefit our school community:

1. The importance of sleep for your mental and physical health.
2. Maintain a journal! This will organise your mind and leave you reflecting on what to be grateful for in life.
3. Always be kind and empathetic.
4. Be sincere when interacting with others.
5. Consider and respect everyone's perspectives.
6. It's enough to be present and willing to learn and grow. Mistakes are ok!

He also recommended some productivity books that he feels are very effective in progressing one's leadership qualities:

- 'Dare to lead' by Brené Brown
- Good to Great: Why Some Companies Make the Leap ... and Others Don't' by James C. Collins

We extend our heartfelt gratitude to Ben Carroll for taking the time to visit our school and share his wisdom with us. It's through such interactions that we gain a deeper understanding of leadership and its significance in shaping our future.



**Asraa Mohamed**

College Captain



**Taaha Shervani**

Activities & SWPBS Captain

# English Language Centre

## Bushdancing

In Term 3 our English Language Centre welcomed newly-arrived students from China, Iran, Thailand, Vietnam, and the Ukraine. Having enjoyed watching EKC's energetic performance of High School Musical, students were keen to add dance lessons to our Intensive English Language Program and had a great time learning Australian Bush Dancing favourites, *The Heel and Toe Polka* and *The Reel*.



**Catherine Reid**

International Student  
Coordinator



## Football

The ELC students also hosted some of the footy program & VET sports students who ran an introduction to Aussie rules football for the ELC students. We had a lot of fun & the students were natural in their role as the teacher. The ELC students responded well to their encouragement.







Essendon Keilor College

# Homestays Wanted

## ***Do you have a spare room at home and would like to host an International Student?***

Essendon Keilor College are looking for suitable homestay providers to host international students in 2024.

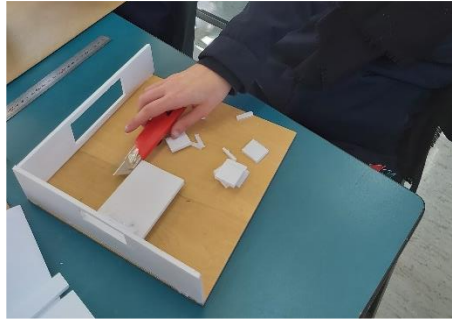
Becoming a homestay provider can be a very rewarding experience, giving you an opportunity to share in different cultures and customs.

You will receive a tax-free payment per week to cover the cost of student's meals, accommodation, and access to amenities such as the internet.

If you are interested in hosting an International Student, please contact our International Homestay Coordinator Nancy on 9319 1300 Tuesday - Thursday.



# Essendon Campus Snapshots





## Keilor Campus Update

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Thank you - Many of you will be aware I have needed to take the last 13 months off to have treatment for Breast cancer. Good news is my treatment was successful and I am fit and well back at work in my role as the Keilor Campus Principal. I have appreciated the time off to focus on my health, wellbeing, and family. The College staff has been very supportive over the last year, and I especially want to acknowledge the great leadership shown and extra workload taken on by Melissa Travers, David Adamson, and Adam Potter. Thank you to everyone who has welcomed me back, I am very grateful for everyone's support over the last year. Special thank you to families who sent me emails wishing me well and to the students who signed my card last year.

Once again it has been an exciting and productive term at the Keilor Campus with lots of learning, growth and extracurricular activities happening across the campus.

All students have had the opportunity to attend Breakfast Club which takes place on Monday mornings and provides free breakfast and a space to socialise and start the week off on a positive note. Breakfast club has been supported by our school nurse Glenn and we are grateful for his work in this space. As if free breakfast wasn't enough, the student leaders have set up a lunch club which takes place in the art room every Friday with free lunch and a movie.

We have acknowledged many important dates this term including NAIDOC week at the start of the term, where students learnt about and celebrated Aboriginal and Torres Strait Islander peoples, history, and culture, whilst exploring the theme of "For our Elders". We were very proud and amazed by the talent in this Year's College Production "High School Musical". The campus also recognised Wear it Purple Day on August 25<sup>th</sup>.



**Lisa Nugent**

Keilor Campus Principal

Wear it Purple day is an annual event that celebrates LGBTIQ+ youth. This year's event was themed "Write your own story" and was generously supported by Glenn and his excellent cupcakes and Moonee Valley Youth. Daffodil Day on August 31<sup>st</sup> saw the campus raise funds for cancer care and research through a casual clothes day. There were some excellent performances throughout the day and free toasties organised by our student leaders. Thanks to Natasha Anicic, our instrumental music teachers, and student leaders for organising a great day. RU OK Day was acknowledged on the 14<sup>th</sup> of September which saw a BBQ and yet more fantastic performances.

Year 8 and 9 students have made some important choices regarding their future pathways this term, with year 9 students continuing their Morrisby interviews and taking part in Course Counselling at the Niddrie Campus. Students were supported throughout, to make informed choices about subjects and pathways at the senior campus. Year 8s took that first step at the end of this term by selecting their elective subjects for year 9. Electives provide students with a taste of different pathways and give them the opportunity to experience different subjects so they can start thinking about future choices in an informed way.

Year 7 students have stepped up their learning this term. Students completed a novel study in English and a comparative study in Humanities. They have also completed a range of different practical experiments in science and have had their first taste of woodwork with Mr Tapson. Year 7 continue to be exposed to a number of exciting learning opportunities in Maths and Italian. In addition to starting art classes, a number of year 7 students took part in targeted art workshops through our "Art with Erin" program.

Year 8 students have participated in a range of incursions this term. Earlier in the term they attended an interactive theatre workshop at the Niddrie campus



called “Smashed” which explored safe and responsible engagement with alcohol as part of the Health and PE curriculum. During the last week of this term, they attended a Medieval incursion which saw them consolidate their skills and learning in Humanities and get “hands on” with aspects of Medieval life. The year 8 students also made delicious cupcakes in their food class.

In addition to their important choices, year 9 students attended a STEM excursion to the science gallery. Students got the chance to engage in some hands-on design and engineering activities. Year 9s students have also enjoyed the opportunity to participate in recreational bowling at Highpoint as part of their sport program. A special thank you to Miss West who helped me with this report.

### **Award Winners**

#### SWPBS - Real Rewards

Year 7	Year 8	Year 9
Pourya Almanpour	Jayden Tanu-saptura	Shaun Watkins
Gabriela Vezzoso	Chirag Nandyal	Jacob Boyd

#### GPA

Year 7	Year 8	Year 9
Jacob Kondov	Arielle Craggs	Umalker Dahir
Olivia Giannarakis	Nicholas Bouris	Mikhaela Lood

## Year 9 STEM Excursion

This term, Year 9 STEM has enjoyed an excursion to the RMIT Science Gallery where students constructed electric cars out of recycled materials and raced their inventions against classmates. Students have also looked into sustainability and investigated bioplastics, posing their own research questions before making and comparing several different types. Students are currently building dragster models and using newly acquired soldering skills to construct electric circuits.





# Keilor Student Leaders

## Lunch Club on Fridays in the Art room

- We provided a free food such as Messy Monkeys, fruit cups, fresh fruit and tuna and rice meals
- During the lunch club sessions we watched a few episodes of **The Spectacular Spiderman** and **Paw Patrol**



## Wear it Purple Day

- Wear it Purple Day was organised by our school nurse, Glenn.
- Cupcakes were provided as well as sour traps.
- Students participated in colouring and in writing what the term "inclusive" means.
- Badges and purple bands were given to everyone.

## Daffodil day - Thursday, 31/08/23

- Free Toasties
- Casual clothes day
- Gold coin donation
- \$110 donated to Cancer Foundation
- Music Performances

## Year 9 Science Gallery Excursion – Julian Perrone, Year 9 captain

On the 10th of August the Year 9's went to the **SciGallery** in the city. Students designed and constructed an electric car and tested it against other cars that were made by other groups. The results gathered from the excursion were used to complete the Term 3 STEM CAT.



## Daffodil Day

- Thursday, 31<sup>st</sup> of August 2023
- Casual clothes day
- Gold coin donation
- Music Performances
- Free Cheese Toasties



By fundraising for Daffodil Day, you're helping to create change for people affected by cancer. Last year, as a nation, we raised over \$2.5m to support lifesaving cancer research. Let's make this year an even bigger success.



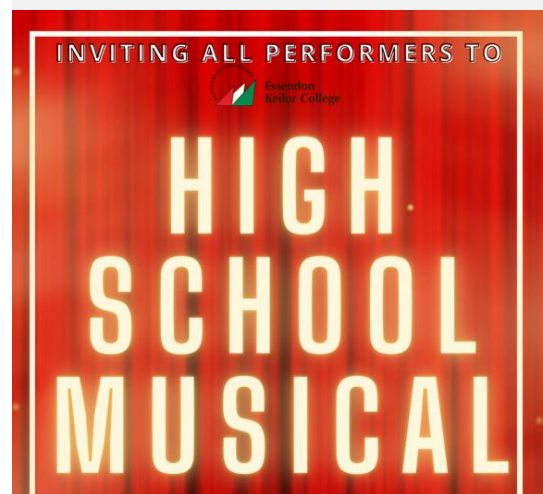
## Year 9 Try a Trade Day – Daniel Vaccaro, School Captain

On the 20th of July, the Year 9s from both campuses attended the Maribyrnong / Moonee Valley LLEN Try a Trade Day at the Moonee Valley Racecourse. Students had the opportunity to try many different trades, such as locksmithing, cooking, coding and welding. It was a great chance for students to talk to professionals and ask questions and further look into what they would like to do after school.

## Musical Production – Diana Sliva, Music Captain

After many months of practice and hard work, the 2023 Cast of the **High School Musical** production successfully premiered the musical on the 9th of August. They played six shows during that week and the performances were attended. Everyone was super supportive and enthusiastic throughout the whole process.

At Keilor campus we had a few lunchtime performances where different soloists and ensembles had a chance to showcase their latest music achievements.





## Sports – Ryan Withers, Sport Captain

In Term 3, our students experienced many fun events and activities. We had a number of students representing the East Keilor campus in a wide range of inter school sporting events such as netball and basketball. The year 9s had the opportunity to participate in wheelchair basketball which was an interesting learning experience.



## R U OK Day





# Keilor Campus Snapshots





# Niddrie Campus Update

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I hope this newsletter finds you and your families in good health and high spirits. It's my pleasure to share some exciting updates and important reminders with you as we continue our journey together at Essendon Keilor College.

## Transition for Our Year 9 Students

One of the highlights of the past term has been witnessing the beginning of a successful transition of our Year 9 students into the next phase of their educational journey. As our students begin the transition from the Niddrie campus to the Essendon campus, we have seen a remarkable focus, both academically and personally as the students prepare their subjects for 2024. They've embraced this new challenge with enthusiasm and have been supported to make informed choices.

Our dedicated team of teachers and staff have been instrumental in creating a supportive course counselling environment for these students. I'm confident the Year 9 students will continue to excel throughout term 4, as they eagerly anticipate the future at the Essendon campus.

## Thriving in Our Sports Programs

At EKC we believe that sports are an integral part of a holistic education. Our sports programs not only promote physical well-being but also instil vital values such as teamwork and perseverance. This academic year, we've been thrilled to offer an expanded array of sporting opportunities for our students. Our accelerated sports programs have been well attended and our students really are enjoying these extra-curricular opportunities.



**Adam Potter**

Niddrie Campus Principal

## **High School Musical**

We are thrilled to extend our heartfelt congratulations to our exceptionally talented students for their remarkable High School Musical performance. The energy, dedication, and passion students poured into this production was nothing short of extraordinary, and the results were truly outstanding.

The High School Musical is not just a showcase of artistic prowess; it is a testament to the spirit of collaboration, resilience, and the pursuit of excellence that defines our school community as it is an opportunity for all students across the school to come together. Congratulations on a spectacular High School Musical performance! We are immensely proud of each and every one of you.

## **Thank you to our student leaders**

I want to express my appreciation for your remarkable dedication and leadership in organising meaningful events like Wear It Purple Day, Daffodil Day, and R U OK Day this term. Your commitment to these initiatives have not only raised awareness but have also fostered a strong sense of unity and support within our school community. Your passion for creating a positive and inclusive environment is truly commendable. Please take the opportunity to read about these events within this edition of the newsletter.

## **The Importance of Regular School Attendance**

I want to emphasise the critical role that consistent school attendance plays in our students' success. Attending school every day is a commitment to their education and future. It ensures that they don't miss out on valuable lessons, peer interactions, and extracurricular activities that contribute to a well-rounded education.



We appreciate your support in helping your child maintain excellent attendance. Together, we can ensure that they have every opportunity to excel academically and develop essential life skills.

### **Staying Connected in the Digital Age**

In today's digital age, staying connected with your child's online activities is crucial. We encourage parents and guardians to maintain an open dialogue about social media and internet use with their children. Understanding the platforms they engage with and discussing responsible online behaviour fosters a safe and positive digital environment.

As always, our school and engagement and wellbeing team are available to provide guidance and resources to support your conversations about online safety and responsible internet usage.

In closing, I want to extend my gratitude to our exceptional students, dedicated teachers and support staff, and our supportive parents for your contributions throughout this term. Your collective efforts have made this term memorable and successful, and I am truly grateful for the sense of unity and purpose that defines our school community. As we embrace the well-deserved break, may you all find moments of rest, relaxation, and rejuvenation. Thank you I look forward to the continued journey of growth and excellence in the upcoming term.

Please ensure you take the opportunity to read all of the wonderful stories in relation to this term.

# Niddrie SWPBS

 <b>ESSENDON KEILOR COLLEGE</b> <b>SCHOOL WIDE POSITIVE BEHAVIOURS</b>		
	Our Community	Wider Community
<b>BE RESPECTFUL</b>	We... • Use good manners • Follow staff instructions • Arrive to class prepared to learn • Work cooperatively with peers and staff • Use technology responsibly and safely at all times	We... • Appreciate diversity and treat all others as equals • Represent the College with pride • Behave in a safe manner • Consider how our actions impact on others • Use technology responsibly and safely at all times
<b>BE ENGAGED</b>	We... • Ask questions and regularly act upon feedback • Make positive contributions • Bring digital devices charged everyday • Participate in school events	We... • Are responsible for our actions • Engage in learning opportunities outside of school • Demonstrate EKC Values in accordance with College policies
<b>BE ASPIRATIONAL</b>	We... • Put effort into every task and challenge ourselves • Strive for academic excellence • Set and evaluate learning goals • Attend all classes	We... • Are considerate of the public • Travel to and from school with care • Aim to become accomplished citizens who contribute, live meaningfully and succeed
<b>BE A LEARNER</b>	We... • Listen to others • Let others learn and teach • Use devices appropriately for learning	We... • Encourage and support others • Maintain appropriate noise levels • Support our community

Throughout term 3, the SWPBS values that we focused on were **‘Make positive contributions’** and **‘Strive for academic excellence’**. It was wonderful to see students regularly acknowledged with REAL rewards and positive compass posts when demonstrating these behaviours. The following students have consistently demonstrated our SWPB values and have been formally recognised and awarded.

**Academic Achievement** - For consistent high achievement this term

Bella Clinnick	Yara Fouad	Brooklyn Brown Polidoro
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**All Round Effort** - For commitment to academic effort and focus

Tamika Augustus	Jude D'Andrea	Min Thway Thit
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**Aspirational Award** - For showing genuine enthusiasm towards their studies

Noah Butler-Peel	Felicia Zurzolo	Jesse Barbaro
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**Positivity Award** - For making the classroom a better place

Leone Fantauzzo	Emma Ballingall	Alex Quagliarella
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In term 4 the SWPBS values that we will be focusing on are **‘Arrive to class prepared to learn’** and **‘Encourage and support others’**.



Our term 3 **progress report data** has again been positive across all three year levels, indicating effective learning behaviours in the classroom. The GPA average across the campus was 3.4. It is great to see students eager to receive and reflect on this data after each progress report cycle. Congratulations to the following students who have averaged a perfect GPA of 4 this term:

Year 7	Year 8	Year 9
Grace Kingston	Ilesha Considine	Jesse Barbaro
Muhammad Salman	Patrick Ieria	Matilda Aurisch
Gabriella Weisbacher	Lilly Clinnick	Ellie Robinson
Sesali Sammuge	Emma Ballingall	Jaimi Hammill
Patrick Srpcanski	Ishana Padilla	Eleanor Pye
Aydin Yunus		Hannah Wright
Chloe Babatsikos		Veronika Srpcanska
Michael Worrall		Monjid Sidahmed
Emma Ballingall		Min Thway Thit
Ishana Padilla		
Blake Bassett		
Michael Jovceski		
Evren Mustafa		
Santino Raudino		

The breakfast club has been running every Tuesday morning. A variety of breakfast items are available, including toasties, cereal, fresh fruit, and juices. The hot chocolates have been particularly popular on the colder mornings. All students are invited and encouraged to attend. Students are welcome to stay or grab something to eat on the go.

A number of lunchtime activities have occurred to support Student Wellbeing, including Art Therapy with Ms Wallace, Chess Club with Mr Galle and 'Let's get planting', run by Moonee Valley Youth. We will continue to offer lunch time activities into term 4.

## Daffodil Day

On the 31st of August, EKC's Niddrie Campus celebrated Daffodil Day. Our community marked this day, to help people battling cancer. Money raised goes towards life saving research to one day decrease the number of people affected by cancer. We raised funds by having a casual clothes day with a gold coin donation. Ms Maudlin and the music students provided entertaining performances during lunch, and Ms Tsiatsios and the Student Leadership team made cheese toasties to give out to people while they listened to the performances. Overall, we raised a total of \$221.20. Thank you to all who donated to this worthy cause and for participating to make this wonderful day a success.

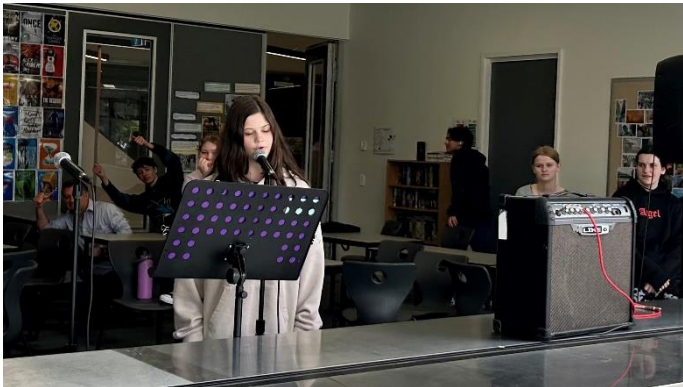


**Chloe Babatsikos**

Year 7S student









## Wear It Purple Day

This year the Niddrie Campus Student Leadership team has organised a series of events celebrating diversity. On the 25th August Niddrie celebrated Wear It Purple Day. WIPD celebrates diversity in sexuality, and focuses on the LGBTQIA+ challenges our youth face today. It also reminds us that we are one as a community. Students wore a splash of purple to school on the day. At lunchtime there were mindful activities, music performances, purple coloured cupcakes and multiple prizes won for the best comment that encapsulated diversity. It was a fun day and student leadership plans on doing more activities like this in the future. Thank you to everyone who participated to make the day a success.



**Veronika Srpcanska**

Year 9 Student









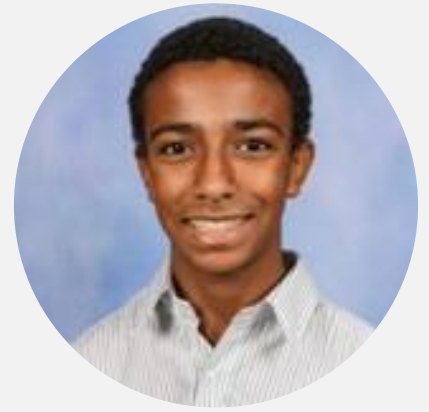




## R U OK Day

On the 11<sup>th</sup> of September the Niddrie Campus started a week-long celebration of RUOK? Day. The initiative aims to promote positive mental health and encourage us to reach out to our peers and ask them if they are okay. To mark this occasion, we hosted various activities throughout the week, such as creating engaging focus group Kahoots, airing relaxing Sitcom Sitdowns at lunchtime, celebrating wear your sports colours day, writing notes of appreciation to staff that we handed to them attached to Kit Kats and much more.

The entire week was a delightful experience for all students and staff who participated.



**Monjid Sidahmed**

Year 9 Student



# Let's Get Planting – Moonee Valley Youth

To support our wellbeing program at EKC, Glenn (College Nurse) organised for Moonee Valley Youth to come out and run a 'Let's Get Planting' lunch time activity. There were many students engaged in this activity and some amazing pot plant designs were created.





# Niddrie Campus Sport

Term 3 was a much quieter term for interschool sports. We had the intermediate boys and girls Basketball and Badminton teams go out. The Badminton team won against Mount Alexander College and progressing through to the Western Metro Region round.

EKC made it to the state final of the Under 14's 3v3 Basketball tournament, finishing in 4<sup>th</sup> place which is a fantastic achievement. Our Intermediate boys Netball team made it through the Western Metro Region rounds where we performed well, unfortunately the boys fell just short of progressing to the next stage.

During week 5, both the year 8 and year 7 boys and girls Basketball teams played in a round robin tournament at Coburg stadium. They were up against some fierce and very tall opposition, but the efforts displayed throughout each game was impressive.

In week 8, we took a strong team of over 50 students to the Mooney Valley Divisional Athletics carnival. EKC took students from year 7-12 and had 29 first place winners which for a school of our size is outstanding. We finished third out of the six schools that competed on the day. A special mention to Scarlett Callegari who entered four events and won all of them and to Emmelene Phair for winning her two events. An outstanding effort! We also had a new record breaker. A massive congratulations to Devon Logan who now holds the divisional record for the Under 14's Shotput event, throwing 12.96m. Smashing the old record by over 2 metres.

## Essendon Keilor College's Academy Programs

We are pleased to highlight our school's Academy Programs, designed to help students excel in sports while fostering personal growth. These programs, led by experienced coaches, offer valuable opportunities for skill development and character building.





## Basketball Program with Mike Spears

Our Accelerated Basketball Program, led by Coach Mike Spears, has been a popular choice. Every Tuesday and Thursday at 7:30 am, students gathered to work on their basketball skills. Under Coach Spears' guidance, they honed their abilities and learned essential life skills like discipline and teamwork.



## Accelerated Netball Program with Fiona Maher

We are proud to introduce our Accelerated Netball Program, led by Coach Fiona Maher, who also works with Netball Victoria. This program, held on Fridays after school, has been instrumental in improving students' netball skills and instilling qualities like leadership and teamwork.





## **AFL Accelerated Program**

Our AFL Accelerated Program, held after school on Wednesdays, was led by former VFL champion Ryan Allan. This program provided students with insights into Australian Rules Football and helped them enhance their skills while fostering resilience.

## **Benefits Beyond the Field**

Participation in these Academy Programs extended beyond sports. Students gained access to high-quality coaching, which not only improved their skills but also introduced them to valuable life skills like discipline, time management, leadership, and teamwork. Additionally, active participation promoted physical fitness and increased confidence in their abilities, benefiting various aspects of their lives.

At Essendon Keilor College, we believe that our Academy Programs provide a unique opportunity for students to develop both as athletes and individuals. If you are interested in these programs or need more information, please feel free to contact Ryan Allan.



## Year 7 Performance

In Year 7 Performance class, we have worked on our storytelling skills through creating short skits. We perform our skits to the class every lesson which builds our confidence. Here we are performing in masks being mime artists.





## Year 9 Ecosystems Excursion

At the beginning of Term 3 our Year 9 students paid a visit to La Trobe University's Nangak Tamboree Wildlife Sanctuary, to immerse themselves in a local protected ecosystem. This experience was a pivotal part of their ecosystems curriculum, expanding their understanding of the natural environments.

Guided by passionate science students from La Trobe University, students embarked on nature walks, observed native wildlife, and engaged in hands-on activities. Highlights of the trip included collecting water samples from the sanctuary wetlands and analysing to identify a range of macroinvertebrates.

The Year 9 students' thoughtful questions and active participation demonstrated their commitment to understanding and preserving our natural world.









## Year 9 Try a Trade Day

50 of our Year 9 students from both the Keilor and Niddrie campus had the opportunity to attend "Try a Trade" at MV Racing Club on Thursday 20th July. It was a great hands-on expo, allowing our students to discover the world of trade and vocations in a fun and interactive way.









FREE  
EVENT

City of  
Moonee Valley

# YOUTH FEST!

2023

FRIDAY, 22 SEPTEMBER

QUEENS PARK, MOONEE PONDS

11AM - 4PM



Food trucks

Market stalls

Art + wellbeing  
workshops



Learn more  
here

Eco-glitter + Henna

Ninja warrior course

Decorate a pot plant

LIVE MUSIC

April Farrugia - Brendan Rutledge - Crushed Lavender - False Belief

Henry Fleming - Mister Xenaux - Peter Westwood - The Rartel

Youth Fest 2023 is presented by Moonee Valley City Council and supported by the Victorian Government.

@valleyyouthmv  
valleyyouth.org.au | 9243 1225

avenue freeza  
PRODUCTIONS www.freeza.vic.gov.au











VYF  
VICTORIAN  
YOUTH  
FEST

VALLEY  
YOUTH

VICTORIA  
State  
Government

# SCHOOL HOLIDAY ACTIVITIES - SEPTEMBER 2023

For young people aged 12-25 who live, work, study or hang out in Moonee Valley!

MON	TUE	WED	THU	FRI
18	<p>19</p> <p><b>LINO PRINTING WORKSHOP</b> Valley Youth Space, Niddrie 2pm - 4pm FREE</p>  <p><b>MARIBYRNONG RIVER CRUISE</b> Essendon Canoe Club 3pm - 6pm FREE</p> 	<p>20</p> <p><b>SOCIAL JUSTICE ART FOR TEENS</b> Incinerator Gallery, Aberfeldie 1pm - 3:30pm \$20</p>  <p><b>YOGA &amp; MINDFULNESS WITH SATORI YOGA</b> Valley Youth Space, Niddrie 4:30pm - 5:30pm FREE</p>	<p>21</p> <p><b>TEEN BOARD GAME NIGHT</b> Avondale Heights Library 5pm - 7pm FREE 10 - 18</p>  <p><b>MUSIC CLUB AT THE HUB!</b> Valley Youth Space 4pm - 6pm FREE</p> 	<p>22</p> <p><b>YOUTH FEST!</b> Food trucks &amp; live music Art market stalls Ninja warrior course Henna, eco-glitter &amp; hair chalk Nintendo switch &amp; board games Art &amp; wellbeing activities Make seed bombs or decorate a pot plant + More!</p>  <p>Queens Park, Moonee Ponds 11am - 4pm FREE You can sign up in advance or drop in on the day!</p>
25	26	<p>27</p> <p><b>YOGA &amp; MINDFULNESS WITH SATORI YOGA</b> Valley Youth Space, Niddrie 4:30pm - 5:30pm FREE</p> 	<p>28</p> <p><b>GAME OFF!</b> Avondale Heights Library 1pm - 5pm FREE</p>  <p><b>MUSIC CLUB AT THE HUB!</b> Valley Youth Space 4pm - 6pm FREE</p> 	<p>29</p>  <p><b>SIGN UP FOR ACTIVITIES HERE!</b></p>

You can also sign up via [valleyyouth.org.au/programs/calendar](https://valleyyouth.org.au/programs/calendar)  
email [youth@mvcc.vic.gov.au](mailto:youth@mvcc.vic.gov.au) or call 9243 1225.